Eleanor Roosevelt worked to help others, as a teacher and as First Lady of the United States. She was from New York City.

Take a Closer Look

• What is a First Lady? Underline how you know.

• Eleanor did a lot to help others when she was First Lady. Number three examples.

Eleanor Roosevelt was smart and inspiring! She looked for ways to help all kinds of people. She used her voice.

• How do you help others?

___________________________________

___________________________________

___________________________________

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New York City is in New York state.
Escape into Books

Eleanor Roosevelt was born in New York City in 1884. Eleanor spent a lot of time reading. She enjoyed reading outdoors next to a cherry tree. Sometimes she got so wrapped up in her books that she would miss meals!

A Great Education

When she was young, Eleanor went to live with her grandmother. Later she went to a school in England. She found joy in reading, learning, and studying. When she went back to America, Eleanor married Franklin D. Roosevelt. They both did important work. Franklin worked in government. Eleanor bought a school for girls and taught there.

Helping Others

Franklin became the 32nd president of the United States. Eleanor became First Lady, wife of the president. Eleanor wanted to help more people. She used her voice to speak out. She believed in treating all people fairly. She worked for civil rights and women’s rights. Eleanor fought to protect all workers. She gave speeches and hosted a weekly radio show. She wrote newspaper articles and books. After Eleanor, every First Lady took on big projects to help others. Today, awards are given in her name to people who help others.

Amazing Fact!

Eleanor Roosevelt came from a presidential family. She was the niece of Theodore Roosevelt, the 26th president.