SELF PORTRAIT
Create self-portraits and autobiographies

Age Range: 3-5

Skills/Subjects
- Art
- Diversity Appreciation & Understanding
- Social & Emotional Development

Materials
- art supplies, including glue
- child-safe scissors
- construction paper and drawing paper
- craft supplies (yarn, string, ribbon, etc.)

Directions
It’s picture day at your house!

1. **Create:** Help your children make pictures of themselves. Let them choose any materials and styles they want (e.g., a child may choose to have a blue face and orange hair). Reassure children that their portraits can be whatever they want them to be.

2. **Write:** Mount the pictures on construction paper. Ask each child to tell you something about himself or herself, such as a recent experience or a favorite activity. Write the information below the child’s portrait. Display the art in your home.

Take It Further
Provide dress-up clothes and play cameras or smartphones for "picture day" make-believe.

With a Group
Create an exhibit with kids’ portraits. Invite friends and family to tour the exhibit, read the autobiographies, and admire the art.