

## My Back-to-School Checklist

I know my school bedtime and how to get myself ready for bed.
I practiced my morning routine 3 times: clothes on, eat breakfast, brush teeth, put on shoes — then off to school!
I know how I am getting to school and back home each day.
I have a special place at home to keep my backpack and supplies.
I have practiced packing and putting on my backpack.
I know my teachers' names.
I know how to be a germ-buster! I wash my hands with soap and water, stay six feet apart from friends at school, stay home when I'm feeling sick and put on a mask when I need to.
My parent(s) and I have created a weekly schedule that includes time for play when I get home!