

PEDIATRICIAN'S OFFICE

LESSON PLAN #1 for 3-Year-Olds: Doctor's Appointment

Video Segment

The KidVision Pre-K group signs in at the pediatrician's office.

Standard

Language and Communication D. Early Writing. 1. Begins to use writing, pictures, and play to express ideas.

(Florida 2011 Early Learning & Developmental Standards for 3-Year-Olds, p. 19)

Objective

Children will write their own names, not necessarily with full correct spelling or well-formed letters.

Materials

- Clipboard
- Markers
- Lined Sign-In Sheet
- Names of students written on sentence strips
- Set up a doctor's waiting room with chairs
- Camera and Bulletin Board Making Materials

Procedure

1. Watch the KidVision Pre-K field trip to the Pediatrician's Office with your students.
2. At circle time, discuss the KidVision Pre-K field trip to the pediatrician's office with your students. Talk about when the KidVision kids signed the appointment sheet.
3. Talk about going to the doctor's with a parent. Ask children to recall going into the office with their parent, or an adult, and signing in. The appointment sheet is necessary so the doctor knows who is there waiting for him or her.
4. Ask them to bring chairs to circle time and sit down as if they were waiting for an appointment. Then pass around the sign in sheet for them to look at.
5. Set up a doctor's waiting room in your dramatic play area. Include their names on sentence strips, sign in sheet and markers so children can sign in. At small group time sit with children in the pretend waiting room and pass around the sign in sheet. While children are engaged in the activity, watch and listen. What is each child saying and doing that demonstrates attempting to write their name. Write direct quotes on your KidVision Pre-K Student Assessment. Take photos of each child as they participate in the activity.
6. Create a bulletin board with filled out appointment pages, student quotes, and photos. Title it, "Doctor's Appointment". When you take the bulletin board down, put the materials in your lesson plan and student assessment portfolios.

Watch, learn, & play with KidVision Pre-K!

PEDIATRICIAN'S OFFICE

LESSON PLAN #2 for 3-Year-Olds: Age – Weight – Height

Video Segment

The KidVision group gets weighed and measured.

Standard

Cognitive Development and General Knowledge. A. Mathematical Thinking. 7. Engages in activities that explore measurement.

(Florida 2011 Early Learning & Developmental Standards for 3-Year-Olds, p.19)

Objective

Children will engage in measurement activities.

Materials

- Scale
- Measuring Stick or Wall Growth Chart
- Chart Paper and Marker
- A picture of each child
- Camera and Bulletin Board

Procedure

1. Watch the KidVision Pre-K field trip to the Pediatrician's Office with your students.
2. At circle time, discuss the KidVision Pre-K field trip to the pediatrician with your students. Talk about when the KidVision kids were weighed and measured. What were they weighed on? A scale. What did the nurse use to check their height? A doctor's measuring stick. Show your children your scale and measuring stick. Talk about the instruments and what the numbers mean on both. One tells you how heavy you are and the other how tall you are.
3. Demonstrate weighing and measuring a child. Write their name on your chart paper with their picture next to their name. Then, next to it write their birthdate, their weight, and their height.
4. At small group time put the scale and measuring tool in your dramatic play area. As you play with each child ask them their name and write it on the chart paper, ask what their birthdate is (help them if they do not know), then weigh and measure them, write those numbers down. Compare the numbers written for different children. Who is the tallest? Who is the shortest? Have them get in size order.
5. While you are engaged with your children watch and listen. What is each child saying and doing that demonstrates engaging in measurement activities? Write direct quotes on your KidVision PreK Student Assessment. Take photos of each child as they participate in the activity.
6. Create a bulletin board with your chart paper, student quotes, and photos. Title it, "Age – Weight – Height". When you take the bulletin board down, put the materials in your lesson plan and student assessment portfolios.

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PEDIATRICIAN'S OFFICE

LESSON PLAN #3 for 3-Year-Olds: Wellness Check-Up

Video Segment

The KidVision Pre-K group gets a wellness check-up.

Standard

Physical Development. C. Self-Help. 2. Actively takes part in basic health and safety routines.
(Florida 2011 Early Learning & Developmental Standards for 3-Year-Olds, p.20)

Objective

Children will actively take part in basic health and safety routines.

Materials

- Set up an examining room in your dramatic play area – include:
- A mat for the examining table
- A doctor's kit
- Baby dolls
- Doctor's white shirt (can cut a large t-shirt down the middle)
- Camera and Bulletin Board making materials

Procedure

1. Watch the KidVision Pre-K field trip to the Pediatrician's Office with your students.
2. At circle time, discuss the KidVision Pre-K field trip to the pediatrician's office with your students. Talk about when the group was in the examining room getting a check-up. Ask your students what happened. First the nurse took a child's pulse, then temperature, and then checked blood pressure. The doctor then checked a child's heart and lungs, a child's eyes, ears, nose and throat, and then a child's reflexes. Ask children to talk about their doctor exam experiences.
3. At small group time, play with your children in the pretend examining room. Let them be the nurse and the doctor and examine the baby dolls. While children are engaged in the activity, watch and listen. What is each child saying and doing that demonstrates actively taking part in a basic wellness check-up? Write direct quotes on your KidVision Pre-K Student Assessment. Take photos of each child as they participate in the activity.
4. Create a bulletin board with your student quotes and photographs. Title it "Wellness Check-Up". When you take the bulletin board down, put the materials in your lesson plan and student assessment portfolios.

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PEDIATRICIAN'S OFFICE

LESSON PLAN #4 for 3-Year-Olds: Doctor's Instruments

Video Segment

The KidVision group plays a vocabulary game naming doctor's instruments and what they do.

Standard

Language and Communication B. Communication and Speaking 2. Shows increased vocabulary and uses language for many purposes.

(Florida 2011 Early Learning & Developmental Standards for 3-Year-Olds, p.18)

Objective

Children will demonstrate understanding of words and their meanings.

Materials

- Doctor's Kit
- Camera and Bulletin Board materials
- Chart Paper and Markers

Procedure

1. Watch the KidVision Pre-K field trip to the Pediatrician's Office with your students.
2. At circle time, discuss the KidVision Pre-K field trip to the pediatrician's office with your students. Talk about at the end of the video when the children played the guessing game. What were they guessing? The names of the doctor's instruments and what they did.
3. Take out your doctor's kit. Show your children each instrument and see if they can guess the name of the instrument and what it checks. As you play with your children make a list of the Doctor's Instruments on your chart paper and what each of them do. (You might want to use our video to get the correct names and spelling of each of the instruments.)
4. At small group time play in your dramatic play area examining room with your children. Talk about each of the doctor's instruments with your children and demonstrate or have them demonstrate how to use it. Take photos of each child. Make sure to get all the instruments.
5. While children are engaged in the activity, watch and listen. What is each child saying and doing that demonstrates understanding of 'doctor's instrument' words and their meaning? Write direct quotes on your KidVision Pre-K Student Assessment.
6. Create a bulletin board with the student quotes and photographs. Title it "Doctor's Instruments". When you take the bulletin board down, put the materials in your lesson plan and student assessment portfolios.

Watch, learn, & play with KidVision Pre-K!